

Faculty Textile & Clothing Technology

by students for students

FIRST SEMESTER BROCHURE

OVER

VIEW.



Hochschule Niederrhein
University of Applied Sciences



Welcome
to the Faculty 07

CONTENTS.

06 | WELCOME

08 | STUDY CONSULTATION

10 | STUDY COURSES

14 | PROFESSORS

16 | FB07 – INTERNAL | BODIES

- 16 | Student Council (FSR)
- 17 | Faculty Council (FBR)
- 18 | Senate
- 19 | Student Parliament (StuPa)

20 | APPLICANT PARTNERS

- 20 | Confidential Professor
- 20 | International Representative
- 21 | Dean's Office
- 21 | Department Management
- 22 | Department Administration
- 22 | Examination Office MG
- 23 | Trust Tutors
- 23 | Student Office

24 | EVERYDAY LIFE

- 24 | Lectures and internships
- 25 | Electives
- 26 | Tutorials
- 27 | Scripts
- 28 | Examine

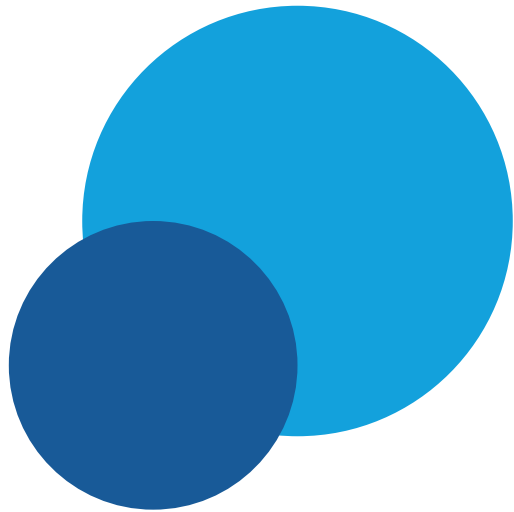
- 29 | Testat
- 30 | Online portal
- 31 | Email account
- 32 | Re-registration
- 33 | Status sheet
- 34 | Problems with professors?

36 | CAMPUS

- 38 | Blackboards
- 40 | To Uni and back
- 42 | Internet access
- 44 | University App
- 45 | University collection
- 46 | BAföG

47 | STUDENT LIFE

- 47 | Housing search
- 48 | Nightlife – Cafes, Bars, Parties
- 49 | Leisure time – a few suggestions



DEAR STUDENTS IN THE FIRST SEMESTER!

WELCOME. . .

. . . . at the Faculty 07 of the Hochschule Niederrhein!

All important information about your successful start of studies can be found in this brochure, respectively the link to more background knowledge.

If you have any further questions or need help,

don't hesitate to ask. For example, your first tutors, the Student Council (FSR) with the tutors of trust, the professors, the secretariat or just the one who's running along. . .

We wish you a lot of fun in the coming days and a successful study!

»No plan on how to follow up a lecture? Always running out of time with your studies?«

STUDY CONSULTATION

Offers at the faculty:

- » Personal advice on study-related topics
 - Course planning
 - Learning strategies and exam preparation
 - Scientific writing
 - Self-management

- » Coordination of tutorials & revision courses

Course advisor for German and English-language courses

Dipl.-Ing. Ursula Korsten

R Z 221

T +49 (0)2161 186-6061

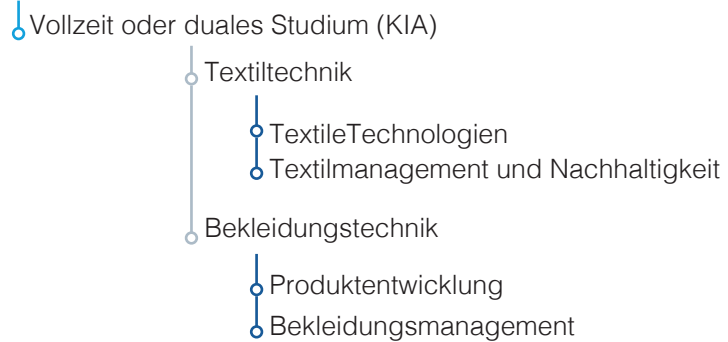
M +49 (0)175 7577415

Appointment by e-mail to

Ursula.korsten@hs-niederrhein.de

BACHELOR STUDIES

Textil und Bekleidungstechnik

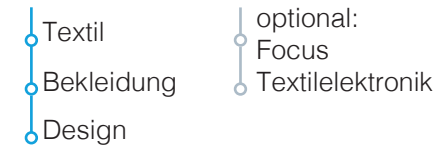


Design-Ingenieur

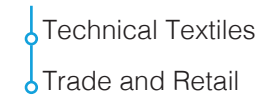


Textile and Clothing Management I english courses

Textile Produkte



Management of Textile Trade and Technology english courses



MASTER STUDIES

STUDIES.

All courses of study were reaccredited in spring 2017. The current study regulations and course plans can be found on the Internet.

IMPORTANT NOTES

- » To switch to the Design-Ingenieur (german) program, you must first pass the aptitude assessment test. It is held every summer semester. Examinations that have already been passed can be credited, missing subjects must be made up.
- » BAföG is paid normally when you change your degree programme or focus, but you must inform the BAföG Office immediately (see p. 46).
- » You can find STUDY PROGRAMMES at <https://www.hs-niederrhein.de/faculties/textile-and-clothing-technology/students/#c23245>

||| Curriculum

Curriculum

The curriculum is an important part of the examination regulations. It lists the study and examination accomplishments which are necessary to obtain the Bachelor or Master Degree.

The outlined time sequence of the study elements is not compulsory for students. However, the plan demonstrates how the study programme may be accomplished in the regular study time frame. Moreover, it has to be considered that the lecture offers and semester timetables are scheduled in accordance with the curriculum.

New PO 2017 ▼

Module Handbooks ▼

Curriculum

PO 2010/2012 >

PO 2017 >

Module Handbooks

PO 2010/12 >

PO 2017 >

50 Jahre
↑

PROFESSORS OF FB07

Here is a brief overview of some professors, which you will encounter in the first semesters.

Prof. Dr. Lutz Vossebein

Dean | Head of the Public Testing Centre GmbH
 Telephone: 02161 186-6010 | or endial: -6126
 Room: G E16 oder Z 218
 E-mail: lutz.vossebein@hs-niederrhein.de

Prof. Dr. Ute Ständer

Vice-Dean | Business administration, in particular
 Accounting, Controlling and Law
 Telephone: 02161 186-6122
 Room: D E17
 E-mail: ute.staender@hs-niederrhein.de

Prof. Dr.-Ing. Mathias Beer

Dean of Studies | Textile Technology | Simulation
 Telephone: 02161 186-6086
 Room: D 205
 E-mail: mathias.beer@hs-niederrhein.de

Prof. Dr. Boris Mahltig

Examination Board for International Degree Programmes |
 Functionalisation of Textiles
 Telephone: 02161 186-6026
 Room: Z 220
 E-mail: boris.mahlting@hs-niederrhein.de

Prof. Dr. ir. Anne Schwarz-Pfeiffer

Head of TCM
 Telephone: 02161 186-6133
 Room: Z 223
 E-mail: anne.schwarz-pfeiffer@hs-niederrhein.de

Prof. Dr.-Ing. Marcus O. Weber

Head of Studies Textile Management
 Confidential Professor
 Telephone: 02161 186-6033
 Room: E 308
 E-mail: marc.weber@hs-niederrhein.de

Prof. Dr. rer. nat. Robert Groten

Head of Priority Textile Technologies
 Telephone: 02161 186-6142
 Room: Z 110
 E-mail: robert.groten@hs-niederrhein.de

Prof. Dr.-Ing. Michael Ernst

Head of specialization in product development
 Telephone: 02161 186-6080
 Room: D 104
 E-mail: michael.ernst@hs-niederrhein.de

Prof. Dr.-Ing. Katrin Freier

Head Clothing Management
 Telephone: 02161 186-6079
 Room: D 103
 E-mail: katrin.freier@hs-niederrhein.de

All lecturers at the faculty with office hours, room and contact information can be found at:

<https://web.hs-niederrhein.de/textil-bekleidungstechnik/fachbereich/#c20926>

FB07 – INTERNAL

First of all, the student council is the totality of all students at the university. It is subdivided into different departments, in our case that is the Department of Textile and Clothing Technology, also called Faculty 07 (FB 07). The respective faculty is represented by the Student Council, which is composed of committed students of the faculty and is elected once a year by the Student Council. The FSR is responsible for the special interests of the students

and for representing them vis-à-vis the university. We are also your contact person for questions and criticism and always have an open ear for your problems in university matters.

Follow us on Instagram and Facebook to make sure you don't miss anything!



Office hours:

Thursdays from 1.00 to 2.00 p. m.

Room: E 200 (AStA-Building)

E-mail: Fsr07@hs-niederrhein.de

Facebook: FSR 07

Web: www.hs-niederrhein.de/textil-bekleidungstechnik/studierende/#c25794

FACULTY COUNCIL

The faculty council is the highest internal body within the faculty. It decides on important issues, such as courses, personnel and the like.

Members of the FBR are:

- » The dean, in an advisory capacity. He is the head of the department and is elected by the professors for a term of four years each
- » The vice-dean, in an advisory capacity
- » 6 elected professors
- » 2 employees
- » 3 students

The FBR usually meets monthly during the lecture period. The meetings are open to the public. You learn a lot about life, backgrounds and politics at the university and the faculty in general.

The Senate plays a central role as an intermediary between the individual departments and between the university and the ministry.

It consists of 24 members with voting rights:

- » 12 professors
- » 8 employees
- » 4 students

The chairperson is elected from among the members of the Senate. Deans of all faculties, Vice-Deans, Chancellors, Equal Opportunities Officers and AStA chairpersons assist in an advisory capacity.

The Senate is responsible, among other things, for the following matters:

- » Confirmation of the election of Bureau members
- » Opinion on the Bureau's annual report
- » Dissemination and amendment of the university's regulations

StuPa or Student Parliament is the highest body of self-government. Self-government means that we, the students, take the bowl in our own hands. This is where loans are granted, policies are drawn up and elections are organised. The parliament may consist of up to 31 members of the "Constituted Student Union" (i. e. all registered students of HS Niederrhein). Each department can fill a position by

means of a direct application; However, the majority of them originate from various lists, also called student parties, which are made up of like-minded people throughout the university. Everyone can found a party himself and thus become active. Guests are always welcome to attend meetings.

It's worth taking part!

No matter if FSR, stupa or FBR – but why? You have the opportunity to make a real difference at the university, for example in terms of the quality of your studies or teaching staff. In addition, your commitment to higher education policy is reflected in your CVs, letters of reference and thus in your applications. So it doesn't have to be without self-interest. In addition, by working together on the

committees, you can not only get to know new people, but also develop skills such as communication, teamwork and organizational skills.

If you have special talents and can e. g. memorize the chemical formula of PET or explain the complete induction to your fellow students, then become Tutor: Commitment plus Money!

CONFIDENTIAL PROFESSORS

Prof. Dr.-Ing. Marcus O. Weber

Head of Studies Textile Management I

Knitting

Telephone: 02161 186-6033

Room: E 308

E-mail: marc.weber@hs-niederrhein.de

Dipl. Des. Anna Koch

Textile and Fashion Design

Telephone: 02161 186-6026

Room: G 206

E-mail: anna.koch@hs-niederrhein.de

INTERNATIONAL REPRESENTATIVE

Prof. Dr. Monika Eigenstetter

Telephone: 02161 186-6038

Room: G E06

E-mail: Monika.Eigenstetter@hsnr.de

Viola Konrad

Telephone: 02161-186-6145

Room: G E06

E-mail: viola.konrad@hs-niederrhein.de

Tutor for abroad

E-mail: auslandstutorium.fb07@hs-niederrhein.de

WHERE IS WHAT?

Dean's Office

Main building, room G E15 – 19

Monday - Friday:

8.00 a. m. - 12.15 p. m.

1.45 - 4.00 p. m.

Department Management

Francesca Corradi, M.A.

Telephone: 02161 186-6020

Room: G E18

E-mail: francesca.corradi@hs-niederrhein.de

Antje Christophersen, Dipl.-Ing.

Telephone: 02161 186-6119 and 02161 186-6021

Room: G E18 and D E15

E-mail: antje.christophersen@hs-niederrhein.de

Secretariat of the Dean's Office

Birgit Marquardt

Telephone: 02161 186-6011

Room: G E17

E-mail: birgit.marquardt@hs-niederrhein.de

If you have a question about excursions, workshops or visits to fairs, if you are looking for rooms or buildings or if you would like to speak to the secretariat, you have come to the right place.

Departmental Administration

Doris Jörißen

Telephone: 02161 186-6012

Room: G E15

E-mail: doris.joerissen@hs-niederrhein.de

If it is about contracts, you will find the contact persons here.

Iris Meyer

Telephone: 02161 186-6023

Room: G E18

E-mail: iris.meyer@hs-niederrhein.de

If you need a room key to study or prepare for presentations, this is where you go.

Shirley Kremper-Hast

Telephone: 02161 186-6009

Room: G E15

E-mail: shirley.hast@hs-niederrhein.de

Examination office

Gebäude K, Room K E03

Monday - Friday:

08.00 a.m. - 15.00 p.m.

For everything concerning exams, forms, formalities, changes of course or administrative matters, you are right here.

Simone Windus

Telephone: 02161 186-2833

Room: K E03

E-mail: pruefungsamt-07@hs-niederrhein.de

POST ADDRESS:

Prüfungsbüro Mönchengladbach/FB07
Reinartzstraße 49
47805 Krefeld

GENERAL E-MAIL-ADDRESS:

pruefungsamt-07@hs-niederrhein.de

TRUST TUTORS

You already met us during the introductory week. Not only were we your contact partners there, but we will continue to be so. We not only help you with questions about your studies, but also in personal emergencies. We always have an open ear for you and look forward to your coming to us. We are at your side with advice and action!

You can find us on Thursdays in the time of 1.00 - 2.00 p. m in room E 200.

E-mail: vertrauenstutorium.fb07@hs-niederrhein.de

STUDENT OFFICE

As a central institution administratively responsible for all departments. This means enrolment, admission, advice, etc. www.hs-niederrhein.de/studierendenservice

Sieglinde Ramlow-Papenfuß

Reinartzstr. 49 | 47805 Krefeld

Room: A E06

Telephone: 02151 822-2734

Fax: 02151 822-2798

E-mail: sieglinde.ramlow-papenfuss@hs-niederrhein.de

LECTURES & INTERNSHIPS.

In the first semester, you will receive a ready-made “schedule”. You can find out where and when your classes take place from this schedule. All lectures are mandatory, although attendance is not controlled.

This is different, for example with internships. There you will take part in small groups, into which you have been divided during the first days of registration. Here your presence and participation will be checked by the professors. We advise you to always arrive punctually and well prepared for the internship dates. If you don't have time for an appointment or are sick, it is possible to exchange the appointment and join another group. It is important to always have your materials (documents, tights, etc.) with you.

If you miss the security briefing, you will no longer be able to participate. This also applies if you are late for the security briefing.

ELECTIVES.

During the course of studies, credits must be collected in the so-called elective subjects. A large number of electives are offered. Compulsory electives are offered in the winter and summer semesters.

When and where the electives take place during the semester can be found in the schedules. All electives are listed under the following QR code:



TUTORIALS.

Many students start to panic when they think about the so-called problem subjects, such as maths, physics and chemistry.

Fortunately, there are some “checkers” among the students every semester, who agree in tutorials to go over the course material with the “non-checkers” once again veery sloowly.

For those who have failed examinations, so-called “repetitors” are offered. Tutorials and revision courses are organized in German and English by Ms. Korsten (ursula.korsten@hs-niederrhein.de). They want to make it easier for students to arrive at the university and to support them in their learning process (including workshops and personal consultations).

What the textbooks were in school are now the scripts. They are either written by the professors and made available so that they can be used in the lecture, or they are scripts from previous semesters that have not been approved by the professor, but may be very helpful. No matter what kind, scripts usually don't spare you to swing your pen and write it down yourself. That is, if there is room, scribble into the script or create clean and tidy folders with your own notes.

The scripts are provided digitally.

SCRIPTS.

EXAMINATIONS.

The exam phase takes place in FB 07 at the end of each semester and lasts a total of three weeks. If the result is a score of 4.0 or better, congratulations, you passed. Anything worse unfortunately fails and has to be repeated. A total of three examinations are possible. Basically, only notes with X,3; X.7 and X.0. (For example: a 1.5 is not possible in exams; BUT only 1.3; 1.7). Extended rules for repeating an examination and registration are explained at the beginning of the semester and can also be found at the following links:

- » <https://www.hs-niederrhein.de/organisation/pruefungsordnungen/>
- » <https://www.hs-niederrhein.de/textil-bekleidungstechnik/studierende/#c7882>
- » under the heading "Examinations"

Important: The registration must be completed in time! - Signposts for deadlines at the department:

- » https://www.hs-niederrhein.de/fileadmin/dateien/FB07/Studium/Aktuelle_Termine/Terminuebersicht_Studierende_aktuell.pdf

The online portal for exam registration is: hio.hsnr.de

Check your own exam registration in the status of the Campus Management System (hio.hsnr.de)! If it's missing, there's no registration!

If you decide not to take part in an exam, please unsubscribe in the same way. If you become weak during an exam, you must immediately report this to the supervisor and go to the doctor. A later objection will not be accepted. Late registered examinations will not be accepted! If you are not satisfied with a grade or are simply curious, you have the opportunity to watch the exam. Please contact the respective lecturer. Since the 2017 examination regulations, it is possible to apply for two "free attempts to improve grades" in the Bachelor's degree programmes (more information on the internet/examination regulations or in the examination office).

For the preparation of the exam, your own transcripts, scripts, summaries or old exam questions are essential. Simply ask in the higher semesters or directly with the professors. Otherwise: start learning early enough, make sure you have enough coffee and chocolate and relax enough, then you will get through the exam phase in good condition.

Student & ID card must be brought to the exam! Mobile phones are always to be switched off!

Certificates are certificates of achievement at the end of courses in which no exam is written. The difference is that the testates are not graded, but only "passed" or "followed."

If you don't pass it, you can repeat it indefinitely. However, this is only a small advantage, because most of the time you have to attend the entire course again. To pass, you must also have participated regularly and actively.

Experience has shown that a certificate is the culmination of an internship. They can look very different, in the form of elaborations, presentations or practical work.

TESTAT.

ONLINE-PORTAL.

The online portal for students is ensured by the data processing of the university administration. Here you can register exams, view grades or change personal data.

This is how it works:

You will receive a letter from the university with a numbered TAN list (60 TANs) and a password. At: iman.hs-niederrhein.de/startpage.html you can use this initial password to create a university account. With this you can then register in the online portal hio.hsnr.de. When registering/unregistering for the exam, you will now be asked to enter a certain TAN (e. g. No. 25). Be sure to keep this list, because you will need it throughout your studies! As soon as only a few TANs remain on the TAN list, a new TAN list should be generated via hio.hsnr.de using one of the remaining TANs.

In case of difficulties, you can contact IT support. Basically, however, the procedure is very simple.

IT-Servicecenter Mönchengladbach

Richard-Wagner-Str. 140
41065 Mönchengladbach
Room: N E25 (in the foyer on the right)
Monday to Friday: 9:00 AM - 03:00 PM
it-support@hs-niederrhein.de

In addition, each student automatically receives an email address with the domain "firstname.lastname@stud.hn.de." You are obliged to use this email address for communication with the faculty and to check it for news at least once a week. Here you will receive information about news and changes.

CAUTION: Don't use your initial password for the email address, but change it!

By the way, this account only remains until the exmatriculation and is organized by the HN Identity Manager.

EMAIL-ACCOUNT.

RE-REGISTRATION.

The re-registration for the next semester takes place via the payment of the semester fee.

Further information and bank details can be found on the online portal Hio-hsnr.de – under: My Studies – Student Services – Payments

The status sheet is a summary of achievements for the information of the student. It says which subject or module you passed when, with which grade you passed or failed. Usually the first notes appear here already during the exam phase. You can find the status sheet on the homepage in the online portal.

It is not used as a certificate, but it can of course be used as a provisional proof for a prospective employer in the case of applications (possibly with the certification of the examination office).

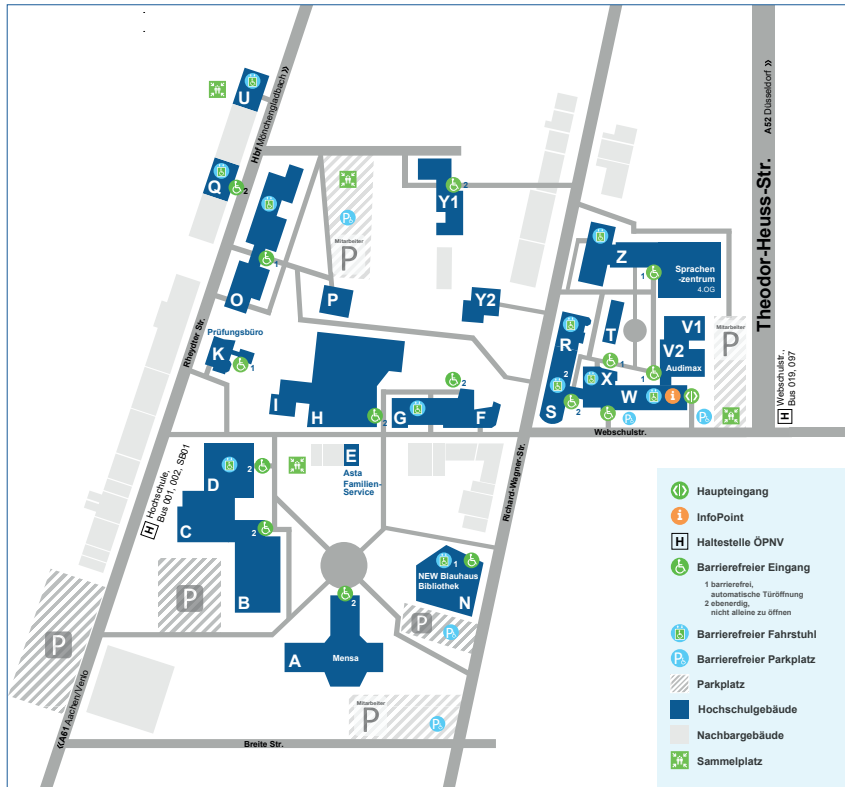
STATUS SHEET.

» Problems with professors? «

Don't worry, professors are – at least most of the time – not monsters, but only human beings. And where there are many people, there are also problems. Should it ever come to this – stay calm! Because problems of this kind are solved objectively. So think first, then talk. You can describe the problem to the trust tutors, the trust tutor or the FSR, who then try to mediate or are just there to listen.

Of course, you can also approach the professors directly, preferably not during or after the lecture! Almost every professor has set up fixed office hours. Of course, it takes a lot of courage, but you can be sure to be taken seriously. There will be no negative impact on you if you address your concern. No matter how you approach the problem; only talking people can be helped! We believe we can rightly say that we have few problems with professors at our university, as most of them are open and student-oriented. In addition, we see the cooperative collaboration of students and professors as a particular strength of the Hochschule Niederrhein.

Hochschule Niederrhein Campus Mönchengladbach



FB 05 Oecotrophologie

O Q

FB 06 Sozialwesen

O R T Y₁ Y₂ Q

FB 07 Textil- und Bekleidungstechnik

B C D G H I Z

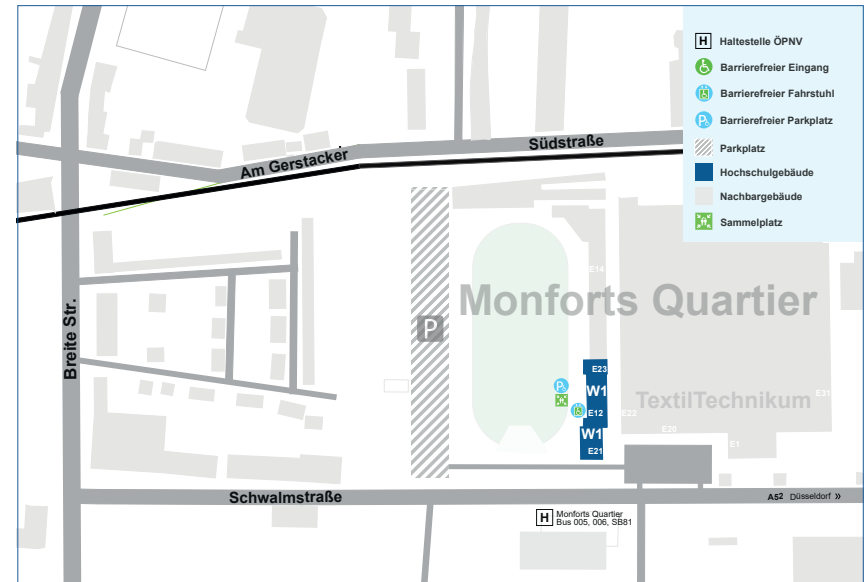
FB 08 Wirtschaftswissenschaften

V₂ W Y₁ Z

Besucheradresse

Webschulstraße 41-43 | 41065 Mönchengladbach

Hochschule Niederrhein Cyber Management Campus Mönchengladbach



FB 03 Elektrotechnik und Informatik | Studiengang Digitale Forensik

W1 E12

FB 06 Sozialwesen | Institut SO.CON

W1 E23

FB 08 Wirtschaftswissenschaften | Studiengang Cyber Security Management

W1 E12

Institut CLAVIS

W1 E21

Besucheradresse

Monforts Quartier | Schwalmstraße 301 | 41238 Mönchengladbach

BLACK BOARDS

Information can be found at different places on campus.

Official notices are posted in the hallway of the main building (G) in front of the Dean's Office and in front of room G E10 in the glass display cases. Class schedules are published on the university website, and classifications for internships, etc., are organized via Moodle or HIO.

In addition, you can find information about the individual professors. Further information points can be found around the Cafete in the basement, such as job advertisements and job offers. If you are looking for an apartment, search/sale or events, it is worth taking a look at the pinboards in the cafeteria, in the entrance hall of the H building.

IMPORTANT! To receive faculty-specific information and stay updated on lecture cancellations, room changes, excursions, and events, please enroll in the following Moodle course:

Course name: FB07 News

Link: <https://moodle.hsnr.de/course/view.php?id=11493>

Enrollment password: News07

You can find job and internship offers on our website at:

<https://www.hs-niederrhein.de/textil-bekleidungstechnik/studierende/#c7866>

<https://www.hs-niederrhein.de/stellenboerse/>

ALWAYS UP TO DATE

Moodle-Info FB07

@textil_bekleidungstechnik_hsnr

@fsr07

@asta.hn

@hochschuleniederrhein

LinkedIn (Textil- und
Bekleidungstechnik | HSNR)

YouTube
@TextilundBekleidungstechnik



TO UNI & BACK

TICKETS

Starting from the winter semester 2024/2025, the current semester ticket will be replaced by the nationwide Deutschlandticket. Please note that this ticket does not include the option to bring bicycles or additional passengers. You can easily access this ticket digitally through the HN app.

BIKE-SHARING

With nextbike, bicycles can be rented at numerous locations in Mönchengladbach, including near the university as well as at Rheydt and Mönchengladbach main stations. Students of Hochschule Niederrhein benefit from discounted rates.

BUSSES TO THE UNIVERSITY

Stop: Webschulstraße - the following bus lines can be used

- » 019
- » 097
- » SB4

Stop: Hochschule - the following bus lines can be used

- » 002
- » 001
- » SB1

The following apps/websites can be used for the bus connection:

- » <https://www.vrr.de/de/startseite/>
- » <https://www.new-mobil.de/fahrplan/fahrplantabellen>

VRR-App DOWNLOAD

Apple App Store



Google Play Store



internetACCESS

You can do research on the Internet, check emails and other computer stuff on the computers in our Internet-Labs. In addition, you can also access the internet in the library with the PCs there.

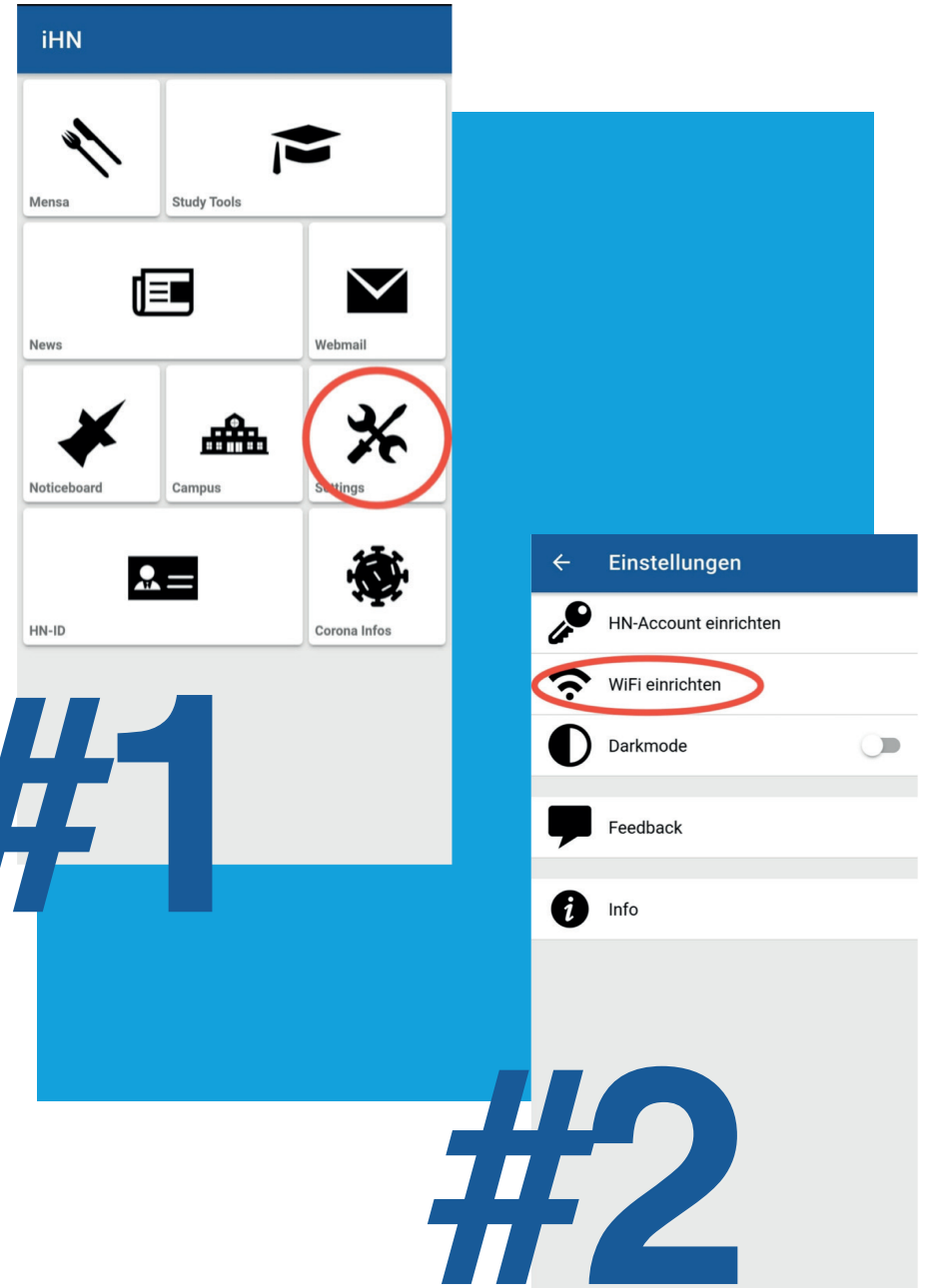
The four “ThinkTanks” in Building X offer you the possibility to connect your laptop to a presentation screen if necessary.

You also have the opportunity to access the WLAN of the HS. You can apply for access. You will need your own User ID on the university server, which you will then receive together with your university e-mail address.

On Moodle you will find a manual how to log into the WLAN manually. You can also log into the WLAN via the iHN app under the menu item “Settings”. You’ll have to be on campus for that.

It is also possible to request a so-called VPN access. Forms are available on the university homepage:

www.hs-niederrhein.de/it-support/



universityAPP

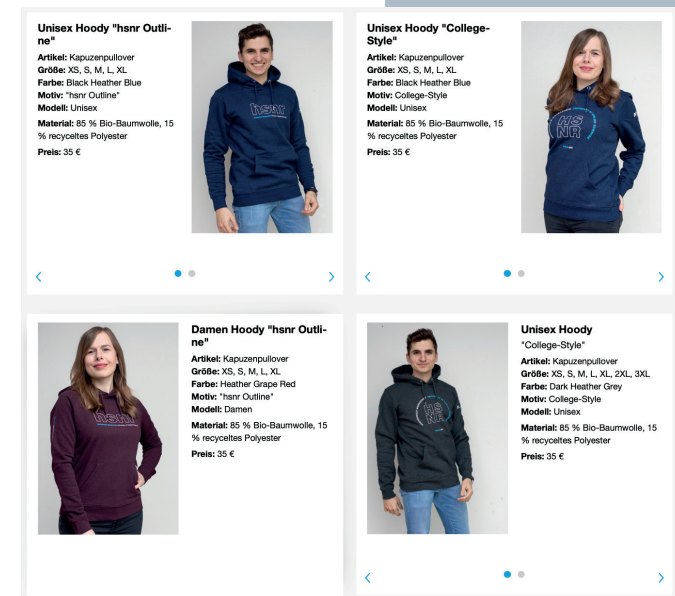
With the App of the Hochschule Niederrhein "iHN" you can stay up-to-date on the latest university news, find and contact people via the directory of persons, search and find books in the university library, retrieve emails quickly and conveniently, carry the digital bulletin board of the faculty with you, navigate with the Campus Map and never miss a bus. On the app you also have your student ID card and the student ticket for bus and train. Long story short – the app is absolutely recommended!

universityCOLLECTION

The new merchandise collection is here and brings not only new colours, cuts and motifs, but also sustainable materials and fair manufacturing. You can see the entire collection on the university homepage.

In the Campusshop you will find more than just clothes. Here you can also buy mugs, bags and notepads.

<https://www.hs-niederrhein.de/campus-shop/>



BAFÖG

If you have problems with applying for BAföG, you can get help at the university

Studierendenwerk Düsseldorf

Advice on BAföG, Housing, and Finances

In-person consultation:

Mönchengladbach (Mensa, Room AE 23)

Appointment booking:

<https://www.stw-d.de/beratung/sprechzeiten-und-ansprechpartnerinnen-ansprechpartner/>

Currently available:

1st Tuesday of the month

11:00 AM – 2:00 PM (Judith Weiskircher)

Individual appointments on-site can be arranged.

HOUSING SEARCH

If you've decided to study in Mönchengladbach, it's often convenient to move here as well. That's why we've compiled some addresses for you on the university's website:

<https://www.hs-niederrhein.com/students/activities-surrounding-your-studies/#c89742>

NIGHTLIFE – CAFÉS, BARS, PARTIES

... in Mönchengladbach

Cafe Trotzdem

Turkish cafe and restaurant near the university
Dachterrasse Rheydter Str. 244 | Mönchengladbach

Projekt 42

Club, Cocktails, Party (of FSR), Dancefloor
Waldhausener Str. 42 | Mönchengladbach

Die Box MG

Club, Cocktails, Dancefloor
Waldhausener Straße 38 | Mönchengladbach

Nierskind

Wehnerstraße 1-7
41068 Mönchengladbach

vierkommadrei

à la Carte, Buffet, Turkish specialities
Friedrich-Ebert-Straße 276 | 41236 Mönchengladbach

Mezcalito

Students, cocktails, music, peanuts, discounted admission. Wednesdays
drinks at half price.
Gasthausstraße 30 | Mönchengladbach

Die Nacht

Waldhausener Str. 25
41061 Mönchengladbach

Frau Manfred

Aachener Str. 19
41068 Mönchengladbach

Xiclô

Vietnamese Street Food
Kapuzinerplatz 4 | Mönchengladbach

LEISURE TIME – A FEW SUGGESTIONS

Köntges - Initiative Altstadt e.V.

Every Wednesday and Saturday: coffee & chat, food & drinks for donations.
More info on Instagram: e.g., book club, quiz night
Waldhausener Str. 16 | Mönchengladbach

Waldhausen Astoria

Special offers are announced on Instagram,
e.g., Super Wednesday

Vitusbad

Breitenbachstraße 52 | 41065 Mönchengladbach

Deutsches Textilmuseum

Andreasmarkt 8 | 47809 Krefeld

Freibad Volksgarten

Peter-Krall-Straße 63 | 41065 Mönchengladbach

Museum Abteiberg

Abteistr. 27 | 41065 Mönchengladbach

Haus der Seidenkultur

Luisenstraße 15 | 47799 Krefeld

TextilTechnikum in Monforts Quartier

Schwalmstraße 301 | 41238 Mönchengladbach

Textilmuseum „Die Scheune“

Krickenbecker Allee 21 | 41334 Nettetal-Hombergen

Comet-Cine-Center

Viersener Str. 8 | 41061 Mönchengladbach

Borussia-Park / Hockeypark

Nordpark | Mönchengladbach

In addition, the university offers a wide range of sports activities. About the keyword "University Sports" you will find an overview of the offers and further information on our homepage. Also on the app you will find a list of sports offers.

You can find more offers related to your studies (such as the university choir and the racing team) here: <https://www.hs-niederrhein.de/studierende/angebote-rund-um-das-studium/> and on the FSR07 Instagram (@fsr07).

